

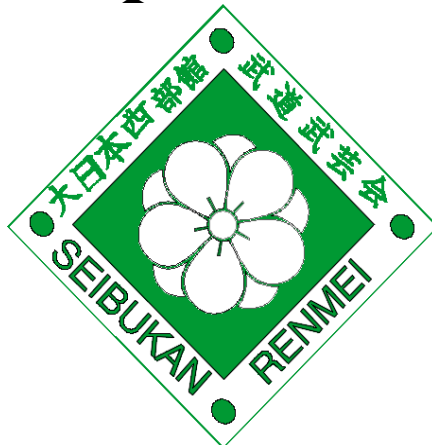


**American Ju-Jitsu Association
and the Dai-Nippon Seibukan
Budo/Bugei-kai U.S.A.**

**Northern Regional Self-
Defense Shiai and
Workshop Towson YMCA**

Contact J. D. McCurdy
john.mccurdy@fda.hhs.gov

**June 18th, 2011, Towson, MD
Weapons Seminars in Bo,
Jo, Han-bo, and Baton (bring
a Bo, Jo, & short sticks) 600
West Chesapeake Ave. Towson, MD**



**8 a.m. Registration at the Y on 06/18 cost
\$50.00, discount for family and youth
under 16. Adult & youth competition
divisions.**

**MASTER SEIBUKAN INSTRUCTORS:
G.R. Parulski (jo-waza), Wm. Stockey,(bo-
waza) W.Susie (han-bo-yawara) Bruce
Jones (police baton)**

Bo is 6ft by 1.25 inches, Jo is 4ft by 1-1.25 inches, yawara is 6.5-9 inches by 0.5-1.5 inches, police baton expandable bring about 3 foot by 1 inch stick...some sticks will be available.